



The best activities guide around!

AUGUST 2011



Bon Odori Festival – 6th
Block Party – 20th
American Idol with Band Tour – 17th
2 Person Best Ball – 20th
All-Star Comedy Show – 25th
Back to School Festival – 26th

FAMILY EVENT

Saturday, 20 August 3-9 pm
CZCC Parking Area

- Live Entertainment And DJ
- Games And Prizes!
- Food for purchase

For more info, please call 263-4547

4TH ANNUAL

BLOCK PARTY

CAMP ZAMA COMMUNITY CLUB

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

<http://www.mwrjapan.jp.pac.army.mil/news/> • ZAMA BUGLE, AUGUST 1, 2011



The U.S. Army Garrison Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

Z A M A Community BUGLE

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THIS MONTH'S COVER

One of the most important summer festivals of the year is Bon Odori which Camp Zama is pleased to host. Our 52nd Bon Odori Festival is 1030 - 2130, Saturday, 6 August. We can expect thousands of our off-post friends to join us in this colorful cultural event. There will be games, lots of food varieties, sponsors and vendors booths, a DJ, live entertainment, street performers, Family entertainment, Bon dancing around the Bon tower and, of course--a spectacular fireworks display at the end of the evening. Bring your Family (don't forget your camera), wear your yukata and invite your on-post and off-post friends to mutually enjoy our two cultures coming together to celebrate this fascinating festival. Please see page17 for the schedule of the events.

Photo credit: Mr. Tetsuo Nakahara, Torii Newspaper, Mr. Kiyoshi Tokeshi and Mr. Imada, 78 Signal Bn, VID. Photo composition by Hideko McKeta.



“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

To register for all the exciting youth center programs go to Parent Central Services in Building 533, Monday through Friday, 8 am - 5 pm. For more information on any of the CYS programs, please call 263-4125.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• Atsugi Pool

Wednesday, 10 August, noon - 5 pm. Youth center members pay \$1 (transportation is free).

Bored? Need something to do? Ride with the youth center staff for a trip to Atsugi to cool off at their outdoor pool.

• Canyoning / Rafting Trip

Friday, 19 August, 7 am - 8 pm.

Cost: \$80 (on/before 12 August)

\$90 (after 12 August)

Looking for a refreshing outdoor adventure? Here you will be riding

the rivers in a wet suit, gliding your way down steep canyons by repelling and jumping off waterfalls, cascading down natural chutes and swimming through crystal clear pools. Must be at least age 13.

Cost includes: transportation, wet suits, life jackets, helmets, lunch and a professional guide.

What you need: extra clothes, swim suit, towel and sunscreen.

• Izu Beach

Friday, 5 August, 6 am - 9 pm.

Enjoy a day in the sun on the beautiful white sand beaches on the Izu peninsula. Grab your boogie boards and snorkel gear and sign up now!


* Yokosuka Marina

Wednesday, 17 August,
9 am - 5 pm.

Cost: \$25 (on/before 11 August)

\$35 (after 11 August)

Need a way to cool off? Join the youth center staff for a day of fun and excitement at the Yokosuka Marina. Enjoy a day of tubing,



SCHOOL BUS

Bus Services

(end 25 August)

Monday - Friday

Pick up: 1:30 • Return: 7 pm
Atsugi Cinema 77 Theater to Youth Center
and SHA Narita Bus Stop to Youth Center.

For more information, please call 263-4500.

Mt. FUJI OVERNIGHT TRIP

Tuesday - Wednesday, 2 (6 pm) - 3 (noon) August • Cost: \$100

Take advantage of living in Japan to see what Japan has to offer. Hike one of Japan's greatest landmarks, Mt. Fuji.

Cost includes: transportation
What you need: extra yen for lunch and souvenirs.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

kayaking, canoeing, and snorkeling. Finally, finish off the day with some shopping with a trip to the Yoko-suka NEX!

Cost includes: transportation, kayaks, canoes, snorkel gear, tubing gear and life jackets.

What you need: swim suit, towel, extra clothes, sunscreen and extra money for lunch and souvenirs.

• **Hakone Yunessun Spa and Amusement Park**

Monday, 22 August, 7 am - 7 pm.

Cost: \$30 (on / before 15 August)

\$35 (after 15 August)

Need a break from the heat of the summer sun? Yunessun Spa and Amusement Park offers over 25 different types of water attractions with many different slides and heated pools. So, pack your swimsuit and get ready to get wet.

Cost includes: transportation and free pass to all swimsuit zone water

attractions.

What you need: extra yen for lunch

and souvenirs.

\$50

FUJIKYU HIGHLAND

24 August, 7 am - 7 pm

Cost is \$50 before 17 August (after \$60). Cost includes transportation and free pass to all rides, except the Haunted House.

Are you a thrill seeker? Do you love roller coasters? CHECK OUT: Eejanaika, the world's second "4D" coaster; Fujiyama, which held the tallest and longest roller coaster record from 1996-2000; Dodonpa, which held the record for the faster roller coaster from 2001 - 2003; Japan's scariest Haunted House, its 40 minutes long! Extra yen for lunch and souvenirs and an extra ¥500 if you would like to go to the Haunted House.

■ Youth Sports and Fitness • 263-5437/4066

FALL SWIM TEAM

Fall swim team sign ups are ongoing until filled. Practices start in late August. Starting this season, high school students can sign up and earn a high school letter, if they meet certain conditions provided by DoDDS.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533., Camp Zama (behind the Exchange). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central

Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to sched-

ule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

FALL SOCCER

- Registration is ongoing until 12 August. • Practices start the week of 23 August.
- The season starts 3 September.

Age groups are:
Co-ed: 5 - 6, 7 - 8
Boys: 9 - 10, 11 - 12, 13 - 15
Girls: 9 - 11 and 12 - 15

*For more information, please call 263-4066.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Remember:
our SAC motto, "If its fun,
we'll do it!!!"

**Last day of SAC Summer
Camp is 26 August (school
starts 29 August).**

■ School Age Care • 267-6013

••• SAC Program Hours •••

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Care "Before and After School" program.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club and meet with the School Age Director and provide your valuable input as we continue to improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the schedule for the remaining of the year. Hope to see you there!

Eda's: 18 August, 20 October and 17 November.

Garden Room: 15 September and 15 December.

PARENTS

Since the summer is normally when Families relocate, there are many new arrivals at Camp Zama. Check us out - we look forward to working with you and your Family.



SAC Summer Camp Field Trips

Tuesdays

- 2 August ~ Hakone Kowakien
- 9 August ~ Tokyo Joypolis
- 16 August ~ Ebina Fantasy Kid's Resort
- 23 August ~ Fujiyuu Highland

Thursdays

- 4 August ~ Enoshima Aquarium
- 11 August ~ Kanazawa Zoo
- 18 August ~ Grinpa Land
- 25 August ~ Zoorasia/Y100 Shop

SAC PROGRAMS

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

School Age Care (SAC) offers care for Before and After School with options for before school only or after school only.



- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a No School Day
- Half a day escapade for a Half Day School

- International Outreach Full Day Program
- Super Saturday Program
- Creative play-Occasional Hourly Care



"Funastic Adventure Day": School Age Care will provide a day of adventure for your children on school out days from 8 am - 5 pm.

"Half a Day Escapade": School Age Care will provide care for your children on early release days from 11:15 am - 6 pm.

"International Outreach Full Day Program": This program is designed for SOFA status children attending Japanese schools. School Age Care

will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

"Super-Saturdays": Free Open Recreation activities every fourth Saturday for the community from 1 - 5 pm. All events guarantee fun for your children.

"Creative Play" (occasional/hourly care): SAC will provide 5 hours of hourly care per week. Reservations must be made in advance. Cost is \$4 per hour, part time: \$16 (4 hours per day), daily: \$30 (4 hours or more).

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



SKIESUnlimited

Schools of Knowledge, Inspiration, Exploration & Skills

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youth of military and DoD civilians. Classes are designed to compliment and support the experiences children and youths have in Army CYSS and in schools.

Children and youths may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

Want to join a dance crew? Well, don't stop, get into Hip Hop and join the new SKIESUnlimited Hip Hop Class. Krumpin, Poppin, Breaking and more.



Instructor: Emi Uchimura of Dance Group "B-JEWEL"

Tuesdays (4 classes per month)

Teen Squad (ages 12 - 18):	1500 - 1600	¥6,000
Jr. Squad (ages 9 - 11):	1615 - 1715	¥6,000
"Shorty" Z" (ages 5 - 8)	1730 - 1815	¥5,000

Whether you are a novice or an expert, our Piano Lessons will suit any skill level. When your child registers our instructors will do an assessment of skills and place them in the appropriate level that will maximize their ability.

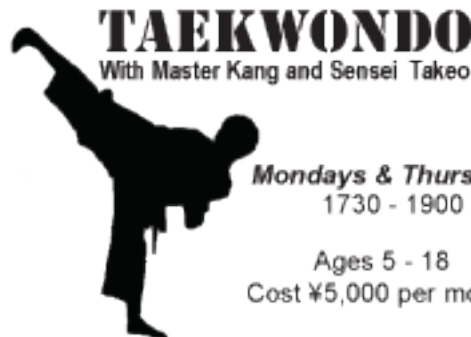
Piano Lessons (Ms. Miho)
Monday or Friday
1500 - 2000

Violin Lessons (Ms. Megumi)
Tuesday
1500 - 2000

Piano Lessons (Ms. Sekita)
Tuesday or Wednesday
1500 - 2000

Ages 5 - 18

Cost ¥7,000 (4 classes per month - 30 minutes one on one sessions)



TAEKWONDO
With Master Kang and Sensei Takeo

Mondays & Thursdays
1730 - 1900

Ages 5 - 18
Cost ¥5,000 per month

In this class your child will learn not only physical training and discipline but mental training as well. Available to both youths and adults, this class embraces a family friendly atmosphere with safety being a top priority.

Ballet & Dance

With Ms. Minori

Schedules and Pricing

Wednesdays			Thursdays		
Intermediate Ballet	1500 - 1630	\$40	Pre-K Ballet	1515 - 1600	\$40
Pre-Elementary	1630 - 1715	\$60	Contemporary Dance	1600 - 1730	\$80
Elementary Ballet	1720 - 1830	\$60			

Pre-"K" (Ages 3 - 4): This class is designed for children to be introduced to the foundation of ballet. Class session consists of light play, rhythmic exercise, creative movement, basic dance steps and learning classical ballet positioning of hands, arms, and feet.

Pre-Elementary Ballet (Ages 4 - 6): This class is designed for children who have had prior experience in ballet and understand basic ballet positioning. Each week they will advance and be introduced to new movements.

Elementary Ballet (Ages 6+): This class focuses on practicing proper body placement, strengthen muscles, and developing flexibility. Students will learn various ballet steps and choreography, and will progress more in each session.

Intermediate Ballet (Ages 10+): This class is adapted to each students past experience in ballet and focuses on their own expression and creativity through dance. The student will develop body alignment, strength and flexibility.

Contemporary Dance (Ages 7+): This class is based on Ms. Minori's original method of dance by mixing her various experiences in ballet, modern dance, jazz, contemporary and contact improvisation.

* Registration for classes are 2 weeks prior to the 1st of the month (all new students begin the 1st week of each month, if you register on or after the 1st of the month you will have to wait until the next month to begin classes). * Please call for class availability.

COMING SOON: Arts & Crafts for children and youth and Hawaiian Hula Dance

Payments are made in US dollars with the current exchange rate • For more information, 263-5441.

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“See the Bugle for the advertisement”.



ZAMA CHILD DEVELOPMENT CENTER, 263-4992

- **Chocolate Chip Day**
Monday, 1 August, 2 - 3 pm
- **Water Play (Every Wednesday)**
3, 10, 17, 24 and 31 August, 9 - 10:30 am
- **Library Time at Zama Library**
Tuesday, 9 August, 9 - 10 am
- **Field Trip (Fantasy Land)**
Thursday, 11 August,
9:30 am - 3 pm
- **Field Trip (Zama Food Court)**
Monday, 15 August,
9:30 - 10:30 am
- **PAC Meeting (Brown Bag Training)**
Thursday, 18 August, 11:30 am - 12:30 pm
- **Zama CDC Open House**
Friday, 19 August, 2 - 6 pm
- **Library Time at Zama Library**
Tuesday, 23 August, 9 - 10 am
- **Field Trip (Sagamihara Park)**
Monday, 29 August, 9:30 am - 3 pm

SHA CHILD DEVELOPMENT CENTER, 267-6348

- **National Ice Cream Day**
Monday, 1 August
- **National Watermelon Day**
Thursday, 4 August
- **Friendship Day**
Friday, 5 August
- **Friendship Day**
Wednesday, 10 August
- **Pajama Day**
Friday, 12 August
- **Crazy Hat Day**
Tuesday, 16 August
- **Water Play**
Thursday, 18 August
- **Opposite Day**
Tuesday, 23 August
- **Parent Read to Me**
Wednesday, 24 August



Zama Child Development Center

Start Smart Program

Friday, 5, 12, 19 and 26
August, 9:30 - 10:30 am,
Zama Youth Center

For more information, please phone 263-4992.

Community Activity Center

Friday, 5 August,
5:30 pm

For additional information, please contact Charles Cofield at 263-3241.

the Pied Piper
MISSOULA CHILDREN'S THEATRE

Kindergarten - 12th grade
MCT Rehearsals (two sessions per day):
1 - 5 August, 10 am - 2:30 pm

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or the "Bon Odori Friendship Golf Outing" on 6 August, please see



page 18
for more
detailed
information.

JR. GOLF INSTRUCTION

with Mike Sul, PGA

Every Monday from 1600-1700
Cost: \$10

Sign-up at the Pro Shop NLT
the Sunday prior (need at least
two (2) students to conduct the
class).

FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL_SUL@US.ARMY.MIL

■ **Camp Zama Golf Club • 263-3694**
<http://www.usarj.army.mil/information/mwr/business/golf/>

Mark your calendars!

2 Person Best Ball - - - - -	20 August
Club Championship - - - - -	10 - 11 September
Zama Open - - - - -	15 - 16 October



TOMODACHI DAYS ARE AS FOLLOWS:

5 August - Friday
 12 August - Friday
 19 August - Friday
 26 August - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 23 August, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TRADE-INS

Camp Zama Golf Course announces Trade-Ins. You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your

clubs are worth at <http://valueguide.pga.com/>

TEE TIME INFORMATION

• **Weekday tee times**
 Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• **Weekend / US holiday**
 Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

Gift Card

NOW AVAILABLE

The Zama Golf Club presents
Joe Golfer
with a
\$100 Gift Card
Cert# 13 Expires 09/23/11

"Looking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and beverage)."

SEPTEMBER PAYDAY SCRAMBLE

For your planning purposes, the September Payday Scramble will be held on 30 September (please see the September Bugle for more detailed information).

Red Bull



COMMERCIAL SPONSORSHIP and the **ZAMA GOLF COURSE STAFF** thank our sponsor, **RED BULL**, for supporting our community and this event.

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LUNCH

Monday

- 1 Lumpia, Pancit and Fried Rice
- 8 Sweet Sour Pork w/Rice
- 15 Chicken Adobo
- 22 Chicken Apritada
- 29 Seafood Fried Rice

Tuesday

- 2 Hamburger Steak w/Swiss Cheese and Brown Gravy
- 9 Beef and Broccoli w/Rice
- 16 BBQ Spare Ribs w/Baked Beans and Coleslaw
- 23 Meat Loaf
- 30 Chicken Teriyaki

Wednesday

- 3 Stuffed Cabbage Rolls
- 10 Cajun-Style Roast Pork w/Brown Gravy
- 17 Beef Stew
- 24 Spicy Baked Chicken
- 31 Tonkatsu

Thursday

- 4 Chicken Enchiladas
- 11 Taco Salad
- 18 Beef Enchiladas
- 25 Chicken Fajitas

LUNCH

Friday

5, 12, 19 and 26 August, Fried Cod Fish and Fried Shrimp served w/ Coleslaw, Vegetable, Fries or Rice

LUNCH

Weekends

6, 7, 13, 14 and 20 August, Curry Rice served w/Chicken Cutlet or Pork Cutlet



INTRODUCE A FRIEND TO GOLF!

Give us five days and we'll give them a sport for a lifetime.

5 LESSONS ONLY \$99

3 SESSIONS WITH DALE JORGENSEN
Session #3: Sept. 15th, 22nd, 29th, Oct. 6th and 13th

7 SESSIONS WITH MIKE SUL
Session #5: July 26th, Aug. 2nd, 9th, 17th and 23rd
Session #6: Sept. 6th, 13th, 20th, 27th and Oct. 4th
Session #7: Oct. 18th, 25th, Nov. 1st, 8th and 15th

For more information, contact
Dale Jorgenson, Director Of Golf at 263-3694
email dale.jorgenson@us.army.mil

Join the Get Golf Ready program and be ready to play in 5 days. PlayGoAmerica.com/GGR



2 Person Best Ball TOURNAMENT

SATURDAY, 20 AUGUST, ZAMA GOLF CLUB TEE TIMES STARTING AT 0600 HRS.

- This is a one day team event with a \$20 entry fee per person. Fee does not include carts or lunch.
- Open to the first 72 players to sign up.
- Current USGA Handicaps are required. (Handicaps as of August 15, 2011 will be used.)
- The field will be divided into flights of 12 based on USGA Handicap index.
- Gift certificates will be awarded to the top 4 net finishers in each flight.
- Deadline for application is on Tuesday, 16 August, 1800 hours, at the Golf Shop.
- Payout as follows (assuming full field). Payout may vary based on size of the field.
1st - \$100, 2nd - \$75, 3rd - \$40, 4th - \$25

CONTACT DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694, EMAIL DALE.JORGENSEN@ZAMA.ARMY.MIL

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S

ports Bar. Have you visited the "Sports Bar & Grill" located in the Zama Community Club? If not, stop by and we think you will be pleasantly surprised at the decor, the atmosphere, an excellent selection of food, numerous televisions to watch your favorite team, and a great place to meet your friends. We look forward to seeing you.



■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 5, 19 and 26 August, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Country Music with DJ

On Saturday night, 6 and 13 August, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Main Stream Dance Music with DJ in the Firelight

Friday, 12 August, 9 pm - 3 am.

• Old School Night

Saturday, 20 August, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Latino Night

Saturday, 27 August, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95

Youths 4 - 7: \$4.95

3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

2 Teriyaki Chicken

9 Chicken Fried Steak
w/Country Gravy

16 Beef Curry

23 BBQ Chicken

30 Veal Parmesan

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

3 Friendship Day Buffet

10 Hamburger Steak
w/Demiglaze

17 Fried Menchi Cutlet

24 Beef Bulgoki

31 Hayashi Beef

Thursday: (Rotisserie Chicken and vegetable of the day)



Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

FREE • FREE • FREE

It's BUNCO TIME!

Gals ... and guystoo!

12 August, 6:30 pm, at CZCC Ballroom (right wing)

CASH PRIZES

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

Light snacks are available.

Participants must be 18 or older.

For more information, 263-4547

SOCIAL HOUR

COME OUT FOR CAMARADERIE AND TEAM BUILDING

FREE HORS D'OEUVRES

FRIDAYS, 5-7 PM @ FIRELITE LOUNGE

1st Friday: "Aloha Fridays"

2nd Friday: "Bring Your Boss Night"

3rd Friday: No Social Hour On Community Nights

4th Friday: Ichi Dan Night "One Team"

*** RIGHT ARM NIGHT ONCE A QUARTER**

WE SUPPORT THE DESIGNATED DRIVER PROGRAM
Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL 263-4547
CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

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LUNCH

- 4 • Coq Au Vin
- Penne Arabiata
- 11 • Grilled Chicken Chimichurri
- Penne Chicken w/Genova Cream
- Pasta
- 18 • Fried Mochiko Chicken
- Spaghetti w/Meat Sauce
- 25 • Thai Green Curry
- Linguine w/Meat Balls
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 5 • Chicken Enchiladas
- Beef Tacos
- Burritos
- Mexican Rice / Corn
- 12 • Beef Stew
- Macaroni Cheese
- White Rice
- Mashed Potatoes w/Gravy
- 19 • Baked Meat Loaf
- Tuna Noodle Casserole
- White Rice
- Mashed Potatoes w/Gravy
- 26 • Chicken Creole
- Shepherd's Pie
- Jambalaya



CAMP ZAMA COMMUNITY CLUB

Cake Catering Service

CAKES FOR ALL OCCASIONS

TO ORDER CALL 263-4204
(TUESDAY-FRIDAY 9:30 AM-5:30 PM)

***CAKE MUST BE ORDERED 48 HOURS IN ADVANCE**
***CONTRACT REQUIRED**

DINNER MENU

Sunday (limited menu) 5 - 9 pm
"2 for 1 Steak Night"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered (no take out).

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)

- Limited menu

Reservations: Please call 263-4547 before 3 pm.

3 Friendship Day Buffet

Thursday (5 - 9 pm)

DINNER MENU

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar"
- (no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

25 Comedy Show

Friday "Chef's Special" (5 - 9 pm)

Regular Menu

12 Bunco Night

26 Community Night

26 Back to School Festival

Saturday (5 - 9 pm)

- Regular Menu

- Prime Rib Dinner

- Prime Rib and Shrimp Scampi

13 Texas Hold'em

20 4th Annual CZCC Block Party

Our regular menu will be offered in addition to the above specials on Saturday night.



Mr. Al Nakai, right, pictured with John Shoda, chief of the FMWR Business Division, received a dinner for two at the new sport's bar & grill as 2nd prize in the local drawing for the Stars & Stripes "Best of the Pacific ballots". Cameron Wilson, presently vacationing in the States, won the 1st place Olympus digital camera in the drawing.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



Wednesday, 3 August, 10:45 am - 1:15 pm
 Cost is \$7.95
 CZCC Dining Room
 For more information, please call 236-4547

Friendship Day Buffet

C A M P Z A M A C O M M U N I T Y C L U B

CAMP ZAMA COMMUNITY CLUB

SATURDAY, 13 AUGUST, CZCC BALLROOM
GAME STARTS AT 2 PM



Tickets purchased by 9 Aug. \$40, after 9 Aug. \$50
 Includes non-alcoholic drinks and prizes
 Grand prize will be based on the number of players
 Sign up at the cashier's window
 For more info, please call 263-4547

ADULTS ONLY!

TEXAS HOLD'EM
 TOURNAMENT

Family Child Care

Child, Youth and School Services is proud to announce that we have a certified Family Child Care provider on Camp Zama. If you are a parent looking for flexible hours, small ratios, and structured programming in a comfortable Family like setting, Family Child Care is for you. Please contact Parent Central Services for more information, call 263-3397.




Interactive Customer Evaluation

ICIE

We Want To Know

We are listening!
 Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

Please give us your

ADVICE <http://ice.disa.mil/index.cfm>
 Interactive Customer Evaluation

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Zama Bowling Center • 263-4780

LUNCH

Monday

- 1 Sloppy Joe Sandwich w/French Fries
- 8 Catfish Sandwich w/French Fries
- 15 Turkey Wrap w/Avocado and French Fries
- 22 BLT Sandwich w/French Fries
- 29 Grilled Chicken Cobb Salad w/Garlic Bread

Tuesday

- 2 Tilapia w/Garlic Sauce, Rice and Steamed Vegetables
- 9 Pork Cutlet w/Rice and Shredded Cabbage
- 16 Beef Broccoli w/Rice
- 23 Ginger Pork w/Rice and Shredded Cabbage
- 30 Polish Sausage w/German Potato Salad and Sauerkraut

Wednesday

- 3 Pork Sinigang w/Rice and Cassave Cake
- 10 Chicken Apritada w/Rice
- 17 Pork Kalua and Cabbage w/Macaroni Salad and Long Thread Bean
- 24 Chicken Adobo

LUNCH

- w/Rice and Leche Flan
- 31 Pinakbet w/Rice and Biko (Mochi Rice w/Coconut)

Thursday

- 4 Meat Sauce Spaghetti w/Garlic Bread and Tossed Salad
- 11 Shrimp Scampi w/Garlic Bread and

LUNCH

- Tossed Salad
- 18 Meat Lasagna w/Garlic Bread and Tossed Salad
- 25 Meat Balls w/Spaghetti, Garlic Bread and Tossed Salad
- Friday (No Special)**
Regular Menu

ALL YOU CAN EAT
PIZZA WITH BOWLING
 EVERY 2ND WEDNESDAY (AUG. 10) 5-7 PM
 ZAMA BOWLING CENTER 263-4780



COME AND JOIN THE FUN ON
SATURDAY, 27 AUGUST, 7-10 PM
FOR UNLIMITED BOWLING
ADULTS: \$7, YOUTHS \$5
- PARTY WITH FUNKY LASER LIGHTS!
- BRING YOUR OWN CD FOR MUSIC!
CALL 263-4780

ZAMA BOWLING CENTER *Back to School*
COSMIC BOWLING PARTY




Congratulations

FAMILY & MWR EMPLOYEE OF THE QUARTER

"Ms. Rumiko Nakajima, Family & MWR Employee of the Quarter for January - March 2011, was presented with a Certificate of Appreciation by Mr. Jeffrey Wertz, FMWR Director, at the Zama Bowling Center on 16 June 2011.

A custodian at the Zama Bowling Center for over 21 years, Nakajima-san is often seen helping customers throughout the facility. When asked about her willingness to serve customers, she said, "I'm not really thinking about that. I just have fun with customers and enjoy my work."

Nakajima-san is an outstanding example of the many Family & MWR employees who choose excellence everyday in taking care of Soldiers, Families, civilians and retirees. Congratulations, Nakajima-san, on a job well done!"

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

CAMP ZAMA COMMUNITY CLUB & CHILD, YOUTH AND SCHOOL SERVICES *present*



Camp Zama *Community Night and* **BACK TO SCHOOL FESTIVAL**

Friday, 26 August 5-8 pm CZCC Ballroom

**FACE PAINTING/TATTOOS, BOUNCY CASTLES, ENTERTAINMENT/DJ
FOOD, BACK TO SCHOOL ITEMS AND DOOR PRIZES! ALL FREE!
FAMILY FRIENDLY EVENT! EVERYONE IS WELCOME!**

**FOR MORE INFO
PLEASE CALL
263-4547**



QBC

Army Community Service

Quarters Beautification Competition



MWR COMMERCIAL SPONSORSHIP appreciates the support of the NAVY FEDERAL CREDIT UNION, RED BULL, OUTBACK, CAMP ZAMA EXCHANGE AND NEW CAR SALES for supporting this five month program for the benefit of our community members.



EXCHANGE



- Have you participated in the Quarters Beautification Competition (QBC) yet?? If not, time is running out, and the August and September competitions will conclude the 2011 program.
- Judging for the August QBC will be conducted during the period 1 - 7 August at the Zama, Depot and Sagamiyara Housing Areas, and awards presented for first, second and third place on site in each of the three areas the last week in August (exact date and time TBA).
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas in October (exact date, time and place to be announced).
- For additional information, please phone the Housing Office at 263-3441.

Disclaimer: ALL QBC winners are expected to maintain the exterior of their government quarters in a high state of appearance. If not, winners are subject to forfeiting all prizes won.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

盆踊 Bon Odori Festival



Saturday, 6 August, 1030 - 2130

Sequence of Events

1030 - 1200	DJ
1100	Bilateral Adult Basketball Game
1200	Bilateral Youth Basketball Game
1300 - 1930	Street Performances
1200 - 1225	Sagami Ryu-O Taiko
1225 - 1300	DJ
1300 - 1345	Fis Block (Pop)
1345 - 1410	DJ
1410 - 1455	S.H.O (Hip Hop)
1455 - 1515	DJ
1515 - 1600	296th Army Rock Band "Burn After Mass"
1600 - 1620	DJ
1620 - 1705	Fis Block (Pop)
1705 - 1725	DJ
1725 - 1810	MAKA ROOTS (Reggae)
1830 - 1840	Bon Odori Opening Remarks
1840 - 2000	Bon Odori Begins
2030 - 2100	Fireworks Begin



• • • Shuttle Bus Schedule • • •

Pick-up	SGD School Bus Stop #90-S10	1000	1600	1900
Drop-off	Music and Theater Workshop			
Pick-up	SHA Narita Bus Stop	1000	1600	1900
Drop-off	Music and Theater Workshop			
Pick-up	Music and Theater Workshop	2145		
Drop-off	SGD School Bus Stop #90-S10			
Pick-up	Music and Theater Workshop	2145		
Drop-off	SHA Narita Bus Stop			



BON ODORI *Friendship* ZAMA GOLF CLUB GOLF OUTING



Saturday August 6 Shotgun Starts At 0730 Hours

- Cost is \$25 for SOFA status golfers (with annual green fee card) or \$39 for SOFA status non-members
- Fee includes breakfast, lunch and door prizes
- Handicaps are not required!
- Field is limited to 144 players
- Contact Ernie Harada at 236-4225 to sign up



COMMERCIAL SPONSORSHIP



**御礼
THANKS**

TO
OUR SPONSORS FOR
SUPPORTING THE CAMP
ZAMA COMMUNITY AND
THE 52ND BON ODORI
FESTIVAL.

REVLON

DyDo
DYDO DRINCO, INC.

East Japan **CAT**

TEMPLE UNIVERSITY
Japan Campus

**du SHOP
Zama**

Re-Ra-Ku **O₂Venus**
相模大野店

NORAM SPORTS



CAMP ZAMA COMMUNITY CLUB presents **BET★**

ALL-STAR COMEDY SHOW

THURSDAY 25 AUGUST CZCC BALLROOM SHOW STARTS AT 7 PM



C-DAWG



LAV LUV



WILLIE BROWN & WOODY

Advance tickets \$15
At The Door \$20

ADULTS ONLY SHOW

FOR MORE INFORMATION, PLEASE CALL 263-4547

CAMP ZAMA COMMUNITY

BAZAAR

SEPTEMBER 2011
 SATURDAY, 3 (9 AM - 5 PM)
 SUNDAY, 4 (10 AM - 4 PM)

CAMP ZAMA COMMUNITY CLUB
 FURNITURE, ARTS & PICTURES, JEWELRY, TOYS,
 ANTIQUES, NOVELTIES, SOUVENIRS ...

For more information : ☎ 263-5316








Zama ITT
 Fall & Winter Escapade Tours
 information will be available
 For more information: ☎ 263-5273/4059

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES	LUNCHES	DINNER SPECIALS
MONDAY 1 Chicken Cutlet (Sagami Lounge Special) 8 Fried Shrimp Curry 15 Yakiniiku and Curry Rice 22 Chicken Steak w/Taragon Sauce 29 Shrimp Pilaf and Teriyaki Chicken TUESDAY 2 Salmon En Crout 9 Pork Saute w/Gravy Sauce 16 Taco Rice and Enchiladas 23 Hamburger Steak w/Gravy 30 Steak Don WEDNESDAY 3 Lasagna w/Garlic Bread 10 Grilled Chicken w/Gravy 17 BBQ Chicken 24 Teriyaki Meatballs and Karaage 31 Hamburger Gratin	THURSDAY (All-U-Can Eat) 4 American Buffet 11 Mexican Buffet 18 Oriental Buffet 25 American Buffet FRIDAY 5 Pork Cutlet w/Jambalaya 12 Spaghetti w/Meat Sauce, Garlic Bread and Chicken Saute 19 Chicken Cutlet 26 Fried Chicken DINNER SPECIALS TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50) 2 Chinese Dinner 9 Mexican Dinner	16 Pizza and Pasta Dinner 23 and 30 August, regular menu WEDNESDAY NIGHT Family night movies for adults and youths 3, 10, 17, 24 and 31 August. regular dinner menu; choose your discount. THURSDAY NIGHT (CHEF'S SPECIAL DINNER) 4 Italian Dinner (\$15.95) 11 French Dinner (\$15.95) 18 Prime Rib Dinner (\$20) 25 Regular Menu FRIDAY NIGHT Mongolian BBQ on 12 and 26 Au- gust; enjoy the best Mongolian BBQ in town!!! Also, on 5 and 19 August we offer the regular dinner menu. SATURDAY NIGHT 13, 20 and 27 August, regular menu. 6 August closed.

“See the Bugle for the advertisement”.

L

oan
Closet.

Monday,

Wednesday and

Friday, 1 - 4 pm, at

ACS, Bldg 402. For

more information,

please call 263-

4357.

■ Army Community Service • 263-8327

RELOCATION READINESS PROGRAM, 263-HELP (4357)

- **Adult Evening English Class**
Every Wednesday, 5:50 - 7 pm. No pre-registration necessary.

- **Adult Japanese Language Class**
Every Wednesday, advanced class, 10 - 11 am; beginner class, 11 am - noon. No pre-registration required.

- **Business Japanese Class**
Every Wednesday, 5 - 6 pm. Pre-registration required.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

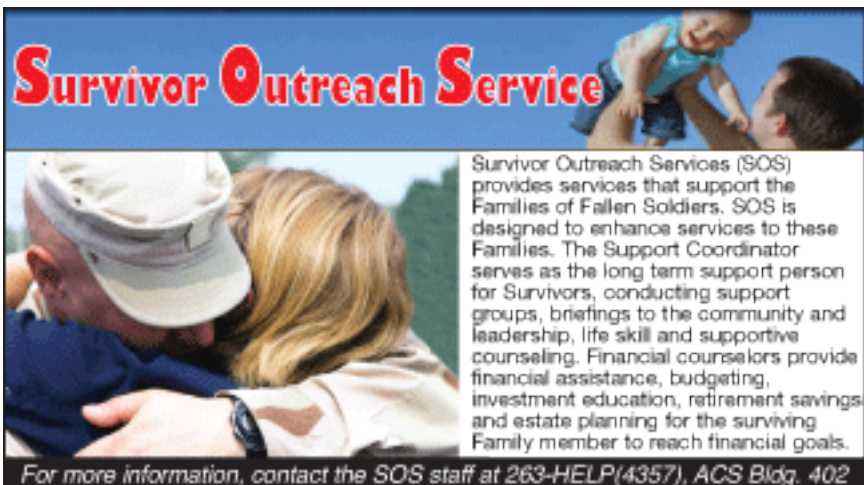
Please phone 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, Family Readiness Group Training, and Unit Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

- **Pre-deployment Support and Operation R.E.A.D.Y. Training**

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month, 3 - 4 pm, in the ACS Outreach Room.

- **Deployed Spouse Program**

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 17 August, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: Thursday, 18 August, 8 - 11:30 am, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

SHOPPING ON THE ECONOMY: Thursday, 18 August, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

For information contact ACS at 263-8091.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management and consumer skills. Units and FRGs may request classes; request by email: mark.daybell@us.army.mil two weeks in advance minimum. For more information, contact 263-8091.

• **Scheduled Financial Classes:**

All classes are held at ACS, 1:30 - 3:30 pm:

- | | |
|-----------|---------|
| * Budget | Monday |
| * Banking | Tuesday |

NPSP

New Parent Support Program- 263-4572.



The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Anne Elementary School).
- **Baby Love Seminar** for this month will be "Budgeting for New Parents", Zama Chapel on 16 August, 10:30 - 10:45 am and 25 August, 10:30 - 10:45 am, at EDIS.
- **NPSP Workshop: "Perimeter Shopping"**, to be held on 10 August, 1 - 2 pm at ACS.
- **Breast Feeding Support Group Meeting** held 4 August, 9:30 - 10:30 am at ACS and 15 August, 9:30 - 10:30 am at SHA CDC.
- **NPSP MONTHLY PROGRAM ORIENTATION:** 3 August, 1:30 - 2:30 pm, at ACS; 18 August, 11:30 am - 12:30 pm, at SHA/EDIS.
- **NPSP Child Development Classes:** will be offered the 2nd and 4th Fridays of each month at ACS Community Room.
 - * 12 August, "Positive Guidance"
 - * 26 August, "Infant Growth and Development" (Shaken Baby Syndrome)
- **"Baby Bundles":** Information and supplies for new and expecting parents are available and electric breast pumps are available by calling 263-5084 or you may email shirley.k.coleman@us.army.mil for more details.

- * Debt Management Wednesday
 - * Investment TSP Thursday
- First Term Soldiers on their initial duty shall complete all four classes during in-processing.
- **AER Emergency Leave**

The primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and

Family Advocacy Program

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens families and enhances relationships. We believe that these services help support our Soldiers, their families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-HELP (4357). The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.



- **Sexual Assault Prevention and Response Program (SAPRP)** - Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or

your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.

- **Victim Advocacy:** Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

from the leave site.

• **Employment Readiness**

Provides assistance with resume and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoon, 1:30 - 3:30 pm, at ACS, pre-signup is required. 1st Friday: Resume and cover letters. 2nd Friday: Interview Techniques and Dressing for Success. For more information, phone 263-8091 or email at mark.daybell@us.army.mil.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• **Yard of the Month Competition**

Please see page 16 for detailed information.

• **Yard of the Month June Winners**

* **Sagami Depot:**

Frank Bordenave, (Mayor)

- | | |
|-----------|------------------|
| 1st Place | Dale Family |
| 2nd Place | Hernandez Family |
| 3rd Place | Lowell Family |

* **Sagami Housing Area:**

Paula Walker, (Mayor)

- | | |
|-----------|---------------|
| 1st Place | Johnes Family |
| 2nd place | Toro Family |
| 3rd place | Triggs Family |

Volunteer Positions

ACS is an awesome place to work, an even better place to Volunteer!!
Visit www.myarmyonesource.com to see what Volunteer Positions are available.

ACS Volunteer Program Coordinator

Assist Community Life Officer (CLO) with Volunteer Program to include the automated Volunteer Management Information System, Community events and ceremonies, and general program support.

ACS / Army Family Team Building (AFTB) Master Trainer

Mentors, trains, guides, and supports AFTB volunteers. Serves on the advisory / steering council and is a positive spokesperson for ACS and AFTB.

Community Life Office / CIE Administrative Support

Attends monthly Community Information Exchange to take minutes of the meeting. Compiles the minutes into memo format for approval and distribution to the community.

* **Camp Zama:**

Nicole Williams, (Mayor)

- | | |
|-----------|-----------------|
| 1st Place | Pratt Family |
| 2nd Place | Ruetten Family |
| 3rd Place | Hunsaker Family |

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Call your Community Life Officer, please phone 263-8087.

• **Army Family Team Building (AFTB), 263-HELP (4357)**

The Key to your Army Journey and Passport to Power!

Did you know that you could earn Promotion Points from AFTB classes? If you are a Soldier (SGT or below) and need Promotion Points - AFTB is for you. Come join us for our next AFTB Class!

• **Army Family Action Plan (AFAP), 263-HELP (4357)**

"AFAP is a year round process" To submit an AFAP issue, log onto www.myarmyonesource.com. Visit the Family Programs tab to submit an issue. Issues can be submitted anonymously.

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP



• **"Communicating with Teachers"** 15 August, noon - 1 pm, at ACS.

• **Monthly Autism Support Group Meets:** 15 August, 4:30 - 5:30 at ACS



The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Randon, ACS EFMP Coordinator, at 263-4572. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings. For more information, please call 263-4357 (HELP).

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

E

kiden Relay.

The "Friendship"

Ekiden relay will be held at Sagami Depot on Sunday, 2 October. Approximately 12,000 are expected to participate. See page 34 for details.

■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS (263-7980)

• Zama Book of Records

Every third Saturday of the month (20 August) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year

NOTICE:

The Sagamihara Housing Area (SHA) pool is closed Monday and Tuesday (10 July - 5 September).

winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too can become a living legend".

FITNESS (263-5656)

• Super Circuit Class (Free)

Monday, Wednesday: 1200 - 1230
Friday: 1730 - 1800

• Personal Training / Program Consultations (Free)

Limited days and times by appointment only.

Consultations are:

Tuesdays, 0900 - 1130

Wednesdays, 1400 - 1630

• Hit and Core:

Tuesdays, 1200 - 1245

• Yoga:

Thursdays, 1200 - 1245

• Step / Abs

Monday, 1700 - 1830

NOTE: All fitness classes / services

ULTIMATE FRISBEE TOURNAMENT

9 am • Saturday, 27 August
Dining Facility Field
*Tournament is FREE!

*Register by 9 pm, Thursday, 25 August.
*For more info, please call 263-4664.

YANO FITNESS CENTER

Labor Day 5K Fun Run

8 am • Saturday 3 September

- Open to all (18 years of age or older & not in high school) in the Camp Zama community.
- No Fee
- Awards to the Top 2 adult men & women per age category.
- Register by 5 pm, Thursday, 1 September at the Yano Fitness Center issue counter.
- Age categories: Men and women ~ 18-29 • 30-39 • 40-49 • 50 plus years.
- Commander Cup points awarded.
- *For more details, call 263-4664/7980.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

are subject to change. Please see the monthly flier for accurate times.

AQUATICS (263-3348)

• **Jacuzzi, Steam Room, Sauna** The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool** Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special

Y A N O F I T N E S S C E N T E R



What is it?
 "Swim Around Japan" Challenge participants will swim laps according to the distance around Japan (34,000 km). After registering with one of the Aquatics staff, each of the participants laps will be officially logged (by a staff member). Receive an event T-Shirt when you've finished the challenge!

Swim Around Japan Challenge
 * For more information, please call 263-4664/3348.

programs organized and conducted by Aquatics, CYs, the schools, or other authorized youth organizations may participate under designated adult supervision.

• Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.


SERVICES AND CONTRACTORS (263-4664)

Yano Fitness Center is seeking interested applicants for contracting in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

• Aerobics

* **Instructor: Ms. Hitomi Someya**
 Zumba Class (\$3 per class): Thursdays at 1730. Times and schedule

Y A N O F I T N E S S C E N T E R



300/150 CLUB


- Participant must complete bench press of 300 or more pounds within 5 minutes.
- *See additional rules when signing up.

300/1000


500

Bench Press • Dead Lift • Squat

- Open to all Camp Zama, SHA & Depot community members **ONLY** (18 years old & not in high school).
- Must sign up at the front desk by appointment.
- Every last Saturday of each month.
- Lift must be certified by Yano Staff.



CLUB




1000/500 CLUB

- Participant must total 1000 or more pounds (combining the bench press, dead-lift & squat).
- Lifter gets 18 minutes to complete the 3 lifts.
- *See additional rules when signing up.

1000/500

CLUB



*For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

subject to change depending on community needs.

• **Tanning Booth**

Yano Fitness Center has two tanning booths hours:

Monday - Friday: 0530 - 2025

Weekends: 0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35. Must be 18 years old.

• **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes



YANO FITNESS CENTER

WATER

AEROBICS PROGRAM

Mondays and Fridays: 0900 - 1000
Wednesday: 0900 - 1000 / 1800 - 1900
Tuesdays & Thursdays: 1730 - 1830

**For more information, please call 263-4664/3348.*

for \$55 and 60 minutes for \$70 (you must be at least age 21).

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845

One session: \$6

4 sessions: \$20

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kang Hyum Soon
 Monday and Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533.

• **Brazilian Jujitsu** (Instruction and Training)

* Instructor: Paul Everson

Monday and Wednesday (ages 18 and older): 1645 - 1900

Cost: Free (all levels welcome).



YANO FITNESS CENTER POOL

Learn-to-Swim

Summer Program

Register by Wednesday, 3 August!

August Session

**Mon/Wed/Fri
8 ~ 26 August**

- 8 ~ 8:50 am • Levels 5 & 6 (Diving)
- 9 ~ 9:50 am • Levels 3 & 4
- 10 ~ 10:50 am • Levels 1 & 2
- 11 ~ 11:35 am • Parent & Child Aquatics (Levels 1 & 2)
- 5 ~ 5:50 pm • Adult Beginner
- 6 ~ 6:50 • Adult Advanced

Weekend Sessions

- 10:10 ~ 11 am - Adult Beginner (Levels 1, 2 & 3)
- 11:10 ~ Noon - Adult Advanced (Levels 4, 5 & 6 F)
- 2:15 ~ 2:50 pm - Preschool 1, 2 & 3
- 3 ~ 3:50 pm - Levels 1 & 2 • 4 ~ 4:50 - Level 3 & 4
- 5 ~ 5:50 pm - Levels 5 & 6 (Fitness)

Something for Everyone!

\$40
 Per Person • Per Session
 *One session is nine lessons.

**For more information, please call 263-4664/3348.*

U.S. ARMY MWR

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- Bel Air Dead by Woods, Stuart (Best Seller)
- Born of Shadows by Kenyon, Sherilyn (Best Seller)
- Buried Prey by Sandfor, John (Best Seller)
- Investment Answer by Murray, Gordon
- Liberty Defined by Paul, Ron
- Sixth Man by Baldacci, David (Best Seller)
- Heartbeat Away by Palmer, Michael
- Stories I Only Tell My Friends by Lowe, Rob
- Turn in the Road by Macomber, Debbie
- Wrong War by West, Francis J.
- 10th Anniversary by Patterson, James (Best Seller)

NEW BLU-RAY DVDS

- Chobits: The Complete Series
- Cowboy Bebop: The Movie
- Dragon Ball Z Kai: Parts 1 - 3
- East of Eden: The King of Eden
- FLCL: The Complete Series
- Full Metal Panic: The Complete Series
- High School of the Dead

- Samurai Champloo: The Complete Series
- Summer Wars
- Yu Yu Hakusho: Season One

ON-LINE CATALOG

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>



SUMMER Reading Program
1 June ~ 10 August
 Registration begins 1 June!
 * Open to all children ages 17 & under.

A Midsummer Knight's Read

Party (Magic Show & Refreshments)
 10:30 am • Thursday • 18 August • Children's Room • Zama Library

For more information, call 263-3517.



YANO FITNESS CENTER

Stroller Strides AND MOMMY BOOT CAMP

- Open to all Mom's who have children ages 1-4.
- Every Thursday
- 4:30 - 6 pm
- Now - 8 September
- SHA Fitness Center (meeting location)

***For more information, please call 263-4664.**



LIFEGUARD TRAINING COURSE

Sponsored by Camp Zama Sports, Fitness and Aquatics Branch

8:30 am - 4:30 pm
15 - 19 August

Yano Fitness Center Swimming Pool
Camp Zama

Cost: \$75
 *Payment due at time of registration.
 No refunds after first class.

Note: Length of the class may vary depending on the class size.

***Registration deadline is Wednesday, 10 August.**

***For more information, please call 263-4664/3348.**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

R

ed
**Tag Sale. A variety
of craft supplies
are on sale now
starting from \$1.**



■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday: 1130 - 1930
Saturday - Sunday: 1000 - 1800

CLASSES

• **Silk Screen Work Shop**
\$15 for a class, includes one free
t-shirt (appointment only)

• **Wood Shop Orientation for DA
3031.**

Saturdays: 10 am, no fee.

• **Frame Shop Orientation**

2nd and 4th Thursday, 5 pm,
\$10 a class; supplies are included.

Advance and refresher classes are
conducted upon request, \$10 a class,
supplies are not included.

• **Washi-Paper Craft Workshop**

\$10 a class; supplies are available at
the sales store (by appointment)

• **Shodo** (Japanese calligraphy class),
Wednesday, 4 pm, \$10 for a class;
includes all supplies.

NOTE: All classes require ad-
vance registration. Schedules are
subject to change.

Ikebana classes
(fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for
a class, plus ¥1,000 for flowers .

• • • WANTED • • •

Zama Arts and Crafts Center is now looking
for instructors in the following areas: water
color paint, Tole paint (acrylic paint), washi
paper craft, digital photograph, pottery,
balloon art, scrapbook, sawing and color
pencil drawing.

Paid Advertisements

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

• Showa Memorial Park Rainbow Swimming Pool

Wednesday, 3 August, 0800 - 1700

• Mt. Fuji Climbing Orientation

Wednesday, 3 August, 1730 - 1830

• Futo Beach and Snorkeling Class

Saturday, 6 August 0400 - 1900

• Grinpa Land

Sunday, 7 August, 0730 - 1800

• Bolshoi Circus

Sunday, 7 August, 1130 - 1730

• Deep Sea Fishing (Mahi Mahi)

Saturday, 13 August, 0400 - 1530

• Yokohama Bay Lunch Cruise / Kirin Beer Factory

Sunday, 14 August, 0945 - 1800

• Yokohama Fireworks 2011

Wednesday, 17 August,
1600 - 2230

• Mt. Fuji Climbing (Fujiyoshida guchi Trail)

Saturday, 20 August, 0400 - 2100

• Nikko Sightseeing

Saturday, 20 August, 0600 - 2100

• Akihabara Shopping

Saturday, 20 August, 0900 - 1630

• Tokyo Summerland

Sunday, 21 August 0800 - 1730

• Tama Zoo

Sunday, 21 August, 0930 - 1630

• Fuji Fire Festival

Friday, 26 August, 1130 - 2300

• Deep Sea Fishing (Mahi Mahi)

Saturday, 27 August, 0400 - 1530

• Kamogawa Sea World

Saturday, 27 August, 0700 - 1800

* Boulderling for Beginners

Sunday, 28 August, 0700 - 1500

• Grape Picking and BBQ

Sunday, 28 August, 0730 - 1830

• Kodo - Taiko Drum Performance

Sunday, 18 September, 1100 - 1830

■ Community Activity Center • 263-3939/5712/8892

UPCOMING EVENTS

• American Idol with Band Tour

Wednesday, 17 August

CLASSES

• Ballroom Dance Class

* Tuesday, 1730 - 1825

Intermediate class, (four classes for ¥6,000) for 50 minutes

Advance Class, (four classes for ¥4,000) for 50 minutes

* Thursday, 1730 - 1825

Beginning Class, (four classes for ¥4,000) for 50 minutes

• Piano Lesson

Monday - Friday:

Four classes a month, ¥7,000

• Violin Lesson

Tuesday and Thursday

Four classes a month, ¥7,000

• Koto Lesson

Tuesday

Four classes a month

Adult: ¥8,000

Youth: ¥7,000

Paid Advertisements

“See the Bugle for the advertisement”.

ARMED FORCES ENTERTAINMENT PRESENTS

AMERICAN IDOL WITH BAND TOUR

6 pm • 17 August
Community Activity Center

For more information, 263-3939

COMING TO A THEATER NEAR YOU.
Subscribe to Defense, our quarterly e-magazine at armedforcesentertainment.com.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

W

e have some used parts for sale: 6x9 speaker, CD player, safety flares, various aluminum rims and beginner driver (Wakaba) magnet. We also have used tires; just stop by with your car and see if they are on the rack.

The Camp Zama Car Wash is now open (note: the SHA car wash is still under repair.)

■ Automotive Skills Center • 263-3615



TIP FOR HOT SUMMER DRIVING

Driving during the hot summer can be unbearable sometimes. If you want to make sure your air conditioner in the car works efficiently here is one step that could make all the difference in the world. In the control panel for the heater and A/C make sure the lever or switch is in the "recirculation" mode. The recirculation mode button or lever should have a picture of arrows going in a circle. If the recirculation mode is not used you will be trying to cool down the "hot" air outside rather than the already cooler air inside the car. A small tip: just before jumping into your car, open all the windows and stand outside for about 15 - 20 seconds. Even if there is no wind, the majority of initial heat should dissipate where it is bearable to drive until the A/C fully works.



HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday:
 1130 - 2000
 Saturday and Sunday:
 0930 - 1800

PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Vehicle Detailing

Our detailing service consists of a basic wash and wax of the outside only with tire waxing included. If you want the interior cleaned also, there is an additional cost.

* Prices are as follows (starting from):
 \$35 for sedans / hatchbacks
 \$50 for vans / SUV's

* Cleaning of the interior (starting from):

\$15 for sedans / hatchbacks
 \$20 for vans / SUV's

* Cleaning of trunks for sedans; additional \$5

NOTE: Detailing work orders are conducted by appointment only.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center. For more information and rates, please give us a call 263-3615.

USED VEHICLE COURTESY INSPECTION


The Zama Auto Craft Shop offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointment only.



CLASSES START AT 5:30 PM

- How to change your brake pads: 4 and 18 August
- How to change your brake shoes: 12 and 25 August

NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and or supplies for class.



Camp Zama Automotive Skills Center

CLASSES

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel
Sundays, 9 am, Mass, Zama Chapel.
Sundays, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services,

events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)
Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY community readiness center (2nd floor Auditorium), Yokosuka.
For more information, please contact Chaplain Swanson at 243-6931.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesdays, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 264-5203, or Yohei Arai at 801-649-1393.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

The Bible Study is, 9:30 - 11:30 am, at the Religious Education Center. Watch care is provided.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 am - 9 am at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

AUGUST ACTIVITIES

Monday - Friday, 8 - 12, 9 am - noon, "Son Rock Kids Camp" Vacation Bible School, Zama Chapel, POC: Mr. Corneliussen at 263-4689 or james.corneliussen@us.army.mil.

Monday, 15, noon, Assumption of Mary Mass, Zama Chapel.

USAG-J Religious Support Services and Programs offer many spiritual fitness opportunities for you and your Family. If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises religious support activities under its auspices.



Welcome to The United States Army Suggestion Program

The Army Suggestion Program (previously known as the Army Ideas for Excellence Program) has gone online.

The new suggestion processing program was unveiled on Army Knowledge Online (AKO). Anyone with an AKO user name and password can now submit suggestions electronically. Detailed guidance is provided on the web page at <https://armysuggestions.army.mil>.

There are several advantages to this program; the biggest plus being that anyone with access to the Web can make a suggestion from any where that they are. There is no longer a need to wait until you return to your home station to write-up and submit your idea.

Once submitted, the suggestion is processed entirely on-line.

For further information, contact the program administrator, Mr. Keith Simon, keith.simon@us.army.mil, DSN 263-5129 or Mr. Masao Naito, masao.naito@us.army.mil, DSN 263-55634, Plans, Analysis and Integration Office (USAG-J), US Army Garrison, Japan.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

■ DIRECTOR	263-8057
■ Army Community Services	263-4357
Mon - Wed	0730-1630
Thu	1300-1630
Fri	0730-1630
US Holidays	Closed

Business Division

■ DIRECTOR	263-4452
■ ADMINISTRATIVE OFFICE	263-7935

■ DIRECTOR OF GOLF	263-3694
■ ADMINISTRATIVE OFFICE	263-4966

(All the following golf activities are open during lunch).

Course/Starter	263-4975
Mon-Fri	0700-1700
Weekends & US / Japanese Holidays	0600-1700

Restaurant	263-7665
Mon, Tue, Thu, Fri	0630-1900
Wed	0630-1900
Weekends & US / Japanese Holidays	0530-1900

Pro Shop	263-5284
Mon-Fri	0645-1700
Weekends & US / Japanese Holidays	0545-1700

Driving Range (Unattended)	
Mon - Fri	Sunrise-2200
Saturday	Sunrise-1930
Sun	1600-2200

Chip Inn & Snack Stand	263-5834
Mon-Fri	0800-1600
Weekends & Hol.	0700-1500

■ BOWLING CENTER ZAMA	263-4780
Mon-Wed, Sat-Sun	1100-2200
Thu & Fri	1100-2230
Holidays	Closed

■ BOWLING CENTER DEPOT	268-4954/4606
Tue - Sat	1100-2000
Sun - Mon	Closed

■ ZAMA COMMUNITY CLUB	
■ ADMINISTRATIVE OFFICE	263-4133

Lunch	
Tue-Fri	1045-1315
Sunday Brunch	1000-1330

Cashier	263-4547
Sun-Thu	1000-2300
Fri	1000-0230
Sat	1000-0200

Catering	263-4204
Tue, Thu & Fri	0930-1730
Wed (Appts Only)	

Café Roberto	
Sun, Tue & Wed	1100-2300
Thu	1100-2200
Fri & Sat	1100-2300
No food service after 2200 hours	

Cornerstone Game Room (no bar)	
Tue-Thu & Sun	1000-2300
Fri	1000-0300
Sat	1000-0230

Firelite Lounge	
Sun-Tue & Wed	Closed
Thu	Closed
Fri	1800-0300
Sat	1900-0230

USA Dining Room	
Tue, Thu & Sun	1700-2100
Wed	Closed
Fri-Sat	1700-2200

■ HOB NOB INN	267-6097
Lounge & Game Room	
Sun, Mon, Tue	Closed
Wed	1630 - 2300
Thu	1630 - 2100

Fri	1630 - 0100
Sat	1900 - 0100

■ SAGAMI LOUNGE	268-4954
Take Out	268-4142
Lunch (Mon-Fri)	1100-1300
Dinner (Tue-Sat)	1700-2000

Lounge/Game Room	
Tue-Thu	1100-2200
Fri	1100-2400
Sat	1630-2300
Open during lunch	

■ ZAMA LODGING

■ ADMINISTRATIVE OFFICE	263-3293
Reservation Desk	263-2775
Front Desk	263-3830
Open 24 hours/7 days a week	

Recreation Division

■ CHIEF RECREATION OFFICE	263-3479
■ ADMINISTRATIVE OFFICE	263-5614
■ ARTS & CRAFTS CENTER	263-4412

Mon-Tue	Closed
Wed-Fri	1130-1930
Sat & Sun	1000-1800

■ AUTOMOTIVE SKILLS CENTER	263-3615
Mon-Tue	Closed
Wed-Fri	1130-2000
Sat-Sun	0930-1800

■ COMMUNITY ACTIVITY CENTER	263-3939
Mon-Fri	0800-2100
Sat, Sun & Hol	Closed
Open during lunch	

■ INTERNATIONAL TOURS	263-5273
Mon-Fri	1000-1800
Open during lunch	

■ LIBRARY	
Zama	263-3517
Mon-Thu	1000-2030
Fri- Sun	1000-1800
Open during lunch	
U.S. Holidays	Closed

Sagamihara	267-6603
Tue-Thu	1000-1900
Fri-Sat	0900-1800
Sun, Mon & Hol	Closed
Closed for lunch	1400-1500

■ OUTDOOR RECREATION	263-4671
US Holidays	Closed
Leisure Travel Services & Vehicle Rental	
Mon-Fri	0900-1730
Sat-Sun	0800-1600
Open during lunch	

Animal Boarding Kennels	263-5915
Mon-Fri	1000-1700
Sat-Sun	1000-1600
Closed for lunch	1230-1330

Hardy Barracks Lodging	229-3270
Kure Lodging	256-2580

■ POOLS	263-3348
YANO	263-5037

Mon-Fri	0600-1900
Sat-Sun, Holidays	1000-1800
SHA (Summer)	263-5656/267-6122
Wed - Sat	1030-1800
Sun	1200-1800
Mon, Tue	Closed

DEPOT (Closed)	
■ SPORTS/FITNESS CENTER	263-4664
Zama	263-3954

Mon-Fri	0500-2100
Sat-Sun, Holidays	1000-1800
Sagamihara	263-3954/267-6762
Mon-Sun	Open 24 hrs
Depot	268-4729
Mon-Sun, Holidays	0930-1830

Support Services Division

■ DIRECTOR	263-4273
■ ADMINISTRATIVE OFFICE	

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR	263-8086
(All the following CDC facilities are open during lunch.)	

Parent Central Services	263-4125
	263-4743

Mon-Wed	0800-1700
Thu	1000-1700
Fri	0800-1700

Family Child Care	263-4743
	263-4125
	267-6564

Sagamihara CDC	
Mon-Fri	0530-1800

Zama CDC	263-4992
Mon-Fri	0530-1800

■ YOUTH SERVICES	
Zama Youth Center	263-4500

Mon-Thu	1430-2000
Fri	1430-2200
Sat	1300-2200
Sun	Closed

School Age Care (SHA)	267-6317
Mon-Fri	0630-1800

Youth Sports	263-5437
Mon-Sat	0900-1800
Open during lunch	

School Liaison Office	263-3241
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USAG-J Okinawa MWR

■ MWR OFFICE	644-5396
■ ADMINISTRATIVE OFFICE	644-4270

■ ARMY COMMUNITY SERVICE	
Director	644-4110
Relocation Coordinator	644-4385
Mob-Dep/IVC	644-4116
Financial Readiness/AER	644-4378
Family Advocacy Program	644-5919
Victim Advocate/SARC	644-4908
AFTB/AFAP Program	644-4743
EFMP Program	644-4106
ACS FAX	644-5918
School Liaison Office	644-4703

■ ARTS & CRAFT CENTER	644-4303
Lobby	644-4706

■ AUTOMOTIVE SKILLS CENTER	644-5612
■ CORAL COVE COMMUNITY CLUB	

Business Manager	644-4256
Lounge	644-4306
Cashier Cage	644-4426
■ LIBRARY	644-4468
Staff Room	644-5335

■ MARKETING	
Commercial Sponsorship	644-4495
Graphic/Illustration	644-4665

■ SPORTS / FITNESS	
Sports / Fitness	644-4334
Aquatics	644-4389

■ OUTDOOR RECREATION	
Scuba Locker	644-4795
Retail Sales	644-4290
Equipment Issue	644-4263
Beach Rental Office	644-4659
Cabin Reservation	644-4659
	011-81-611-744-4659

Kure Harbor Club

■ MWR Office	256-2580
	256-2581
	0800-1630

■ Outdoor Recreation	256-2575
	0900/1700

■ Dining Room	
Mon-Fri (Breakfast)	0700-0830
Mon-Fri (Lunch)	1130-1300
Tue-Sat (Dinner)	1630-2000

■ Bar	
Mon	1630-2000
Tue-Sat	1630-2200

■ PX / CLASS 6	
Mon-Fri	0900-1730
Sat	1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

22nd Annual Ekiden Friendship Road Relay

EKIDEN 2011



3 Categories:
 • Men 40 & under
 • Men 41 & over
 • Women

SUNDAY, 2 OCTOBER, 9 AM - 4 PM, SAGAMI DEPOT

- Cutoff date for registration is 8 September. *(Sorry, this date cannot be extended)*
 - There will be approximately 12,000 runners to include teams from Camp Zama, Atsugi, Yokota and Yokosuka. The relay is comprised of four runners.
 - This event is "FREE" to SOFA status personnel.
 - Special awards will be given to SOFA personnel for 1st and 2nd place in each category (all runners MUST HAVE SOFA STATUS).
- * NOTE: To obtain a registration form and for additional information, please phone 263-3954 or 5995.**

Photo by Mr. Steve Lowell



U.S. ARMY CAMP ZAMA
 在日米陸軍 キャンプ座間



MUSIC FRIENDSHIP FESTIVAL

SATURDAY, 17 SEPTEMBER 2011
SUNDAY, 18 SEPTEMBER 2011
1500 - 2100 (No Rain Date)

(Gates Open) **SATURDAY, 17 SEPTEMBER : 1430**
SUNDAY, 18 SEPTEMBER : 1230

Please call the phone number (taped announcement) for inclement weather

(Simultaneous Event)
PACIFIC BOXING SHOWDOWN
in Camp Zama
SUNDAY
18 SEPTEMBER 2011
1330 -



9月17日(土)・18日(日)、一般開放致します
 ご来場お待ちしております

Phone numbers & the website information will be announced after the August 6th Bon Odori Festival 盆踊りフェスティバル終了後(8月6日(土)以降)、下記の電話番号およびウェブサイトにて詳細をお伝えします。

For more Information: Please call [By Fri. 16 Sep.]
 Taped Announcement [By Sun. 18 Sep.]
 お問合せ: 電話 [9月16日(金)まで]
 テープ案内 [9月18日(日)まで]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
 • DSN: 263-4177 • TEL: 046-407-4177
 • DSN: 263-5712/8892 • TEL: 046-407-5712/8892
 • DSN: 263-4177 • TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events> or <http://www.facebook.com/armymwrjapan>

